

Worship • Serve • Grow
together.



ASBURY
UNITED METHODIST CHURCH
BIRMINGHAM

JANUARY - MARCH 2026



A NOTE FROM MIKE HOLLY

Here we are! This is the year of our 40th anniversary as a church. On November 23, 1986, Asbury United Methodist Church was born with over 100 people in attendance at our first worship service. Can you believe it? Forty years of faithful ministry and radical generosity to our community and world! During this pivotal year, we will focus on congregational health and increasing the ways we worship, serve, and grow together. Strengthening our already strong foundation will help us prepare for the plans we are developing for our next forty years together.

Our sermon series for January will focus on how the Bible describes who God is. This is intentional because there are some in the Church as well as many out in the world who have misinformed understandings about God's character. Is God out to catch us in sin or is God a loving Parent guiding us away from sin? When people have a more clear understanding of God, it leads to a healthier relationship with God and a more joyful heart that serves with thanksgiving. If you know of anyone who has been struggling with the character of God, please invite them to follow our sermon series in January!

The holy season of Lent begins in the middle of February and we will be offering some new opportunities for fellowship and growth during this season. Ash Wednesday marks the beginning of Lent and we will have services at noon and 7:00 pm in the Sanctuary (February 18). During Lent, we will explore the deepest hungers of our hearts and how God offers to feed us and to comfort us in Jesus Christ. Lent exposes our limits so that we can finally hunger for what truly satisfies—God's grace right in the middle of our messy, beautiful lives.

Join us in the first quarter of 2026 and let us Worship, Serve, and Grow Together!

Blessings,
Pastor Mike



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next steps

Ready to take your next steps at Asbury?

Starting January 4, you can visit our Next Steps area immediately following worship on Sundays. If you're interested in membership or just getting more connected, stop by for a short conversation with a member of the pastoral team or staff for all the information you'll need to get started!

*We're glad
you're here!*

WORSHIP

8:30 & 11:00 AM

Asbury offers Traditional Worship in the Sanctuary at 8:30 and 11:00 AM and Modern Worship at 11:00 AM in Williams Chapel. Nursery care is available for infants through preschoolers. Children's Church is offered for kindergarten through second graders during 8:30 and 11:00 AM worship, except on 1st Sundays.

Worshiping online? 11:00 AM Traditional and Modern Worship services are live-streamed on YouTube (@asburybham) every week.

sundays *at Asbury*



SCAN TO VISIT
OUR WEBSITE!

WWW.ASBURYBHAM.ORG

SUNDAY SCHOOL

9:45 - 10:45 AM

INFANTS & PRESCHOOL

Located across from Williams Chapel. Nursery care and Bible lesson is available for infants through preschoolers.

KIDS

Kindergarten through fifth grade kids meet in RM 214 for welcome, worship, and Bible lesson. Afterwards, they go to grade-specific classrooms for activities and small-group discussion.

STUDENTS

945

Sixth through eighth grade students meet in RM 115. Ninth through twelfth grade students meet downstairs in RM 102.

CONFIRMATION CLASS

RMS 104-106
Confirmation is a year-long faith journey, typically for sixth graders. Confirmands meet weekly during the 9:45 AM Sunday School hour in the RESET Student Space.

COLLEGE/YOUNG ADULT LIFE GROUP

Meets each TUESDAY at 7:30 PM in Hoover. Contact Jeremiah Toole jeremiah.toole@asburybham.org for more information.

ADULTS

ADULT SINGLES

RM 129. Age: 55+. For those divorced, widowed, or blissfully unattached. Contact: Lee Ann Wagner at lindywag@gmail.com.

AGAPE

RM 126. Age: 50+. For adults with older children or who are empty nesters. Contact: Elan Feagin at epfeagin@gmail.com.

CHALLENGERS

RM 132. Age: 50+. This class is primarily adults embracing empty nest or retirement. Contact: Janet O'Neil at jhallnews@mac.com.

CROSSROADS

RM 128. Age: 40s and 50s. Couples and adults seeking a rich spiritual life are welcome! Contact: Angel McPhearson at mcphearsonangel@gmail.com.

FOUNDATIONS

RM 127. This class is for young adult couples looking to build their faith foundation together. Contact: Amy Courtney at amy.florine@gmail.com.

FRIENDSHIP

RM 142. Age: 70+. Married, single, or widowed seniors growing together. Contact: Myra Smith at nurse_mas@charter.net.

JOURNEYMEN

RM 144. Age: 60+. For men, women, couples, singles, empty nesters, and grandparents. Contact: Bob Gilbert at rmgilbertjr@aol.com.

LADIES BIBLE STUDY

RM 120. Wives, grandmothers, empty nesters, and single women come together to study God's word. Contact: Ellen Thompson at thompson7835@bellsouth.net.

L.I.G.H.T.

RM 137. Age: 45+. Geared toward couples parenting teens to college-age kids. Contact: Melissa Franklin at mkafo812@gmail.com.

REFLECTIONS

RM 136. This class is for those who love to read and is for all ages and stages in life. Contact: Robyn White at robyn.white@asburybham.org.

SEEKERS

RM 122. Diverse class of empty nesters and retirees. Contact: Mike Northrup at miken@amfirst.org.

YAMS

RM 133. Singles and couples with or without children. Contact: Kristin Bundren at kbundren@gmail.com.

YOUNG PROFESSIONALS

RM 138
This class is for individuals looking to build community and deepen their spiritual lives. Contact: Donald Clayton at donaldclayton@gmail.com.



wednesdays at Asbury

SCAN TO LEARN MORE
ABOUT WEDNESDAY NIGHTS
& TO REGISTER FOR
CLASSES!



Wednesday nights offer a variety of opportunities for everyone to rest, grow, and learn. **Resumes January 14!**

Start by joining us for dinner in the gym from 5:00 - 6:15 PM.
(Please RSVP by noon each Monday)

REST & DELIGHT

LABYRINTH REST & REFLECTION

5:00 - 7:30 PM | LABYRINTH PRAYER GARDEN

The Labyrinth Prayer Garden is available for a time of quiet reflection. Guided meditations are available each week.

SANCTUARY REST

5:00 - 7:30 PM | SANCTUARY

Do you need a place to rest and regroup? The sanctuary is open to all who are seeking respite.

FELLOWSHIP & GAMES

5:00 - 7:30 PM | RM 127

Love to play board games? Have a favorite card game? Join in the fun!

GROW

BOOK CLUB

6:15 - 7:00 PM | RM 129

Love to read? The Book Club is a welcoming space for readers of all levels to come together, explore meaningful books (see titles on pgs. 6-9), and connect through conversation. Meets first Wednesdays.

HOLY MOMENTS

6:15 - 7:30 PM | RM 144

NEW CLASS! Join Rev. Michael Bowman as he dives deeper into the current sermon series.

Through open communication, this group offers a space to ask honest questions, share insights, and grow in faith alongside others. Group will meet Jan. 14 - Feb. 11.

FAITH THAT LASTS: HELPING GEN ALPHA FALL IN LOVE WITH GOD

6:15 - 7:30 PM | RM 128

NEW CLASS! Led by Rev. Robert Mercer: Parenting is sacred work, and you don't have to do it alone. Join us for this six-week class designed to help parents nurture lasting faith in their kids. We'll explore simple ways to bring faith into everyday life, build meaningful connections, and help the next generation fall in love with God. Meets Jan 14 - Feb. 11.

HUNGRY HEARTS: A LENTEN JOURNEY TO WHOLENESS

6:15 - 7:30 PM | RM 144

Join Rev. Michael Bowman as he explores the ways God meets us in our deepest longings during the season of Lent. Meets Feb. 25 - Apr. 1.

ASBURY KIDS

JOYFUL NOISE

6:00 - 6:30 PM 4th & 5th Grade

6:30 - 7:00 PM K - 3rd Grade

Choir for K-5th grade children

BIBLE STUDY

6:00 - 6:30 PM | K - 1ST | RM 213

6:00 - 6:30 PM | 2nd - 3rd | RM 215

6:30 - 7:00 PM | 4th - 5th | RM 215

RECREATION

7:00 - 7:30 PM | All Kids | Gym

NURSERY CARE

6:00 - 7:30 PM

Available for babies, toddlers, and preschoolers in the children's wing.

MUSIC

HANDBELL CHOIR & CHANCEL CHOIR

HC: 6:00 - 7:00 PM | RM 141

CC: 7:00 - 8:30 PM | RM 143

Asbury's Handbell and Chancel Choirs rehearse on Wednesday nights. Director: Nancy Beard
nancy.beard@asburybham.org.

GROW

SWEET SPIRIT

5:30 - 7:00 PM | RM 136

Ongoing Bible study for women in their 20's-40's.

Facilitator: Melody DiClemente

GROWING IN GRACE

6:15 - 7:00 PM | RM 126

Ongoing Bible study for women in their 30's & 40's.

Facilitator: Catherine Pair

RESET STUDENT MINISTRY

LIFE GROUPS

Middle School: Meet in Student Space from 6:00 - 7:30 PM.

High School: Meet off campus with adult leaders throughout the week.

Our students may be more digitally connected than ever, yet they can still feel lonely. Life Groups remind them of who they are, whose they are, and that they are not alone. God made us for real, life-giving relationships, and that's why we have Life Groups.

If you're unsure where your grade-level group meets, reach out to RESET Students Director Austin Lerner-Gay at austin.lernergay@asburybham.org for more details.



SPECIAL EVENTS calendar

Events subject to change. Please confirm dates/times at asburybham.org.

January

- 01 OFFICE CLOSED**
ASBURY UMC HOLIDAY
- 02** Church office closed for holiday.
- 04 SUNDAY SCHOOL RESUMES**
AUMC | 9:45 - 10:45 AM
Join us in the new year for Sunday School from 9:45 - 10:45 AM on Sunday mornings. For more info on class offerings, see pg. 4.
- NEXT STEPS**
SANCTUARY NARTHEX
SUNDAYS AFTER WORSHIP
Want to get more connected? Interested in membership? Visit our Next Steps area immediately following worship. See pg. 3 for more info.
- 06 C.A.S.A. RESUMES**
AUMC
It's back to school for our C.A.S.A. kiddos!
- 08 HEART CONNECTION EVENT**
9:45 AM - 1:30 PM
DOUBLE OAK
MOUNTAIN CHURCH
National storyteller Dolores Hydock will draw us into the bayous of Louisiana as she shares stories and anecdotes collected from more than 50 Cajun and Creole musicians. Cost: \$5 & bring money for lunch.
- 10 UPWARD BASKETBALL**
8:00 AM - 1:15 PM | GYM
Upward Basketball games take place on Saturdays. See pg. 11 for more info.

- 11 CONNECTION CLASS: WORSHIP**
9:45 - 10:30 AM |
SANCTUARY NARTHEX
Led by Rev. Mike Holly and Rev. Robert Mercer, this session explores worship styles.
- RESET SUNDAY NIGHT RESUMES**
SUNDAY NIGHTS
STUDENT SPACE
Sunday nights with RESET Students we eat, play games, and grow together in faith. Any off-campus excursions will be communicated prior to the event. See pg. 12 for more info.
- INTERNATIONAL MISSIONS CELEBRATION**
4:00 - 5:30 PM | Williams Chapel
Join us to worship, hear from our international missions partners, and celebrate the impact our missionaries are making. Kids author and missionary Sarah Nunnally (who has Asbury roots) will also share her new book and speak about her work around the world!
- DISCOVERY REGISTRATION OPEN**
ONLINE
It's time for Discovery once again! Students are invited to participate in this incredible weekend full of worshiping, serving, and growing together. See pg. 12 for more info.
- 14 MIDWEEK SABBATH RESUMES**
AUMC
Wednesday nights offer a variety of opportunities for adults to rest, grow, and learn. The evening starts with family dinner from 5 - 6:15 PM. See pg. 5 for all classes and offerings.

- 14 LIFE GROUPS**
VARIOUS LOCATIONS
Middle schoolers meet for games and worship in the Student Space before they break out into their Middle School Life Groups. High schoolers gather with their groups off campus at different times and locations to take a break from busy weeks, building community while engaging in Scripture together through reading and discussion.
- ASBURY KIDS WEDNESDAY NIGHT**
6:00 - 7:30 PM | RM 213 & 214
All children are invited to know and experience God's love through choir, an engaging Bible lesson, and small groups. See pg. 5 for more info.
- FAITH THAT LASTS: HELPING GEN ALPHA FALL IN LOVE WITH GOD**
6:15 - 7:30 PM | RM 128
Led by Rev. Robert Mercer: Parenting is sacred work, and you don't have to do it alone. Join us for this six-week class designed to help parents nurture lasting faith in their kids. We'll explore simple ways to bring faith into everyday life, build meaningful connections, and help the next generation fall in love with God. Meets Jan 14 - Feb. 11.
- HOLY MOMENTS**
6:15 - 7:30 PM | RM 144
Join Rev. Michael Bowman as he dives deeper into the current sermon series. Explore the nature of God and where God is present in our lives. Through open communication, this group offers a space to ask honest questions, share insights, and grow in faith alongside others. Group will meet Jan. 14 - Feb. 11.

January

Events subject to change. Please confirm dates/times.

14 BOOK CLUB

6:15 - 7:00 PM | RM 129

This month's book is "What You Are Looking For Is in the Library" by Michiko Aoyama.

18 CONNECTION CLASS: SERVE

9:45 - 10:30 AM | SANCTUARY NARTHEX

Led by Rev. Maggie Dunaway, Angie Gongwer, and Brooke Wolde. This Connection session focuses on Jesus's call to serve, Asbury's mission efforts, and volunteer opportunities.

SURPRISE SUNDAY

9:45 - 10:45 AM

A special Sunday school hour for Asbury KiDS where everything is different! Bring a friend.

19 C.A.S.A & OFFICE CLOSED

ASBURY UMC HOLIDAY
Martin Luther King Jr. Day.

25 CONNECTION CLASS: GROW

9:45 - 10:30 AM | SANCTUARY NARTHEX

Led by Rev. Michael Bowman, this session covers Asbury's vision and values across age groups, the importance of small groups, and connection.

26 ANCHOR VOLUNTEER TRAINING

10:00 AM - 1:00 PM

Open to all new volunteers and current volunteers. Lunch provided; please RSVP at asburybham.org/anchor.

Thank
you!

VOLUNTEER APPRECIATION NIGHT

5:00 - 7:00 PM | VALLEY POST

If you have served in any capacity at Asbury in 2025 – on a committee, with a ministry, on a missions project, at an event, or behind the scenes – we want you to know you're so very appreciated! Join us at Valley Post for a fun night out! Every volunteer gets a \$10 voucher to be used at Little Donkey, Rodney Scott's BBQ, or Luca & Lucy.

February

01 CHILDREN'S SUNDAY

11:00 AM - 12:00 PM
SANCTUARY

Asbury KiDS will be taking over Traditional Worship on Feb. 1! Kids will fill all roles during worship: greeting, singing, ushering, preaching, and serving communion.

04 WANDERING WEDNESDAY

6:00 - 7:15 | DANBERRY

4th and 5th graders will head to Danberry to serve with the residents.

BOOK CLUB

6:15 - 7:00 PM | RM 129

This month's book is "The Correspondent" by Virginia Evans.

12 SPRING SOCCER REGISTRATION OPEN ONLINE

Asbury's faith-based soccer program is open to K5-5th grade kids. See pg. 11 for more info. First game will be Apr. 19.

13 HEART CONNECTION FEBRUARY EVENT

11:00 AM - 1:30 PM | PERRY'S

Join Heart Connection for a special pork chop lunch at Perry's Steakhouse. See pg. 10 for more info.

15 RESET SPRING FLOWER SALE BEGINS

FEB. 15 | AUMC

Twice a year (each fall and spring) students can sell flowers to earn money for their Youth Service Fund (pays for RESET trips & events).

18 ASH WEDNESDAY

NOON & 7:00 PM | SANCTUARY

Join us for Ash Wednesday service to welcome in the Lenten Season. The 7:00 Traditional service will be livestreamed. There will be no Wednesday night dinner. See pg. 9 for all Lenten & Easter opportunities.

19 DAILY BREAD DEVOTIONALS: LENTEN EDITION

FEB. 19 - APR. 1
DAILY PODCAST

Through our Daily Bread devotionals, our pastors will offer reflections to guide your Lenten journey. Take a few quiet moments each day to pause, listen, and draw closer to Christ as you deepen your Lenten experience.

22 SURPRISE SUNDAY

9:45 - 10:45 AM

A special Sunday school hour for Asbury KiDS where everything is different! Bring a friend.

DISCOVERY A-TEAM & HIGH SCHOOL LEADER TRAINING

12:15 - 1:30 PM
STUDENT WING

Calling all Discovery Volunteers and Discovery High School Leaders! See pg. 12 for more info.

february

25 HUNGRY HEARTS: A LENTEN JOURNEY TO WHOLENESS

6:15 - 7:30 | RM 144

Join Rev. Michael Bowman as he explores the ways God meets us in our deepest longings during the season of Lent. Meets Feb. 25 - Apr. 1.

While Giggles & Grace may look like your typical consignment sale (with clothes, toys, furniture, and decor) it's much more than that. It's also a huge, biannual mission outreach for Asbury and the communities we serve.

GIGGLES & GRACE

FEB. 26 - 27 | GYM

March

01 RESPIRE FOR ALL CONFERENCE

MAR. 1 - 3 | AUMC

The Respite for All 2026 Whirlwind Conference is where leaders and volunteers gather to exchange ideas, lay strong foundations for respite programs, and explore new building blocks for joyful dementia engagement. Asbury is thrilled to host this year's conference!

03 REGISTRATION OPENS FOR KIDS SUMMER CAMPS & PROGRAMS

ONLINE

Don't miss out on the fun that happens at Asbury all summer long through Asbury KiDS and Recreation Ministries!

04 BOOK CLUB

6:15 - 7:00 PM | RM 129

This month's book is "Under the Tulip Tree" by Michelle Shocklee.

06 HEART CONNECTION MARCH EVENT

9:30 AM - 2:00 PM
PROTECTIVE LIFE STADIUM

Discover the heart of Birmingham's sports scene with an insider's tour of Protective Life Stadium! You will get to see the locker rooms, team tunnel, and walk on the field. See pg. 10 for more info.

DISCOVERY WEEKEND

MAR. 6 - 8 | AUMC

Discovery Weekend is a powerful retreat at Asbury where our high school students lead our middle school students as they grow together in faith, community, and understanding. The weekend will be filled with exciting games, disco-themed parties, a service opportunity with Rise Against Hunger (see pg. 15), and more! Registration opens Jan. 11.

March

09 C.A.S.A CLOSED
C.A.S.A. HOLIDAY
Shelby County Schools
closed.

**10 MAHJONG
FOR MEMORY**
5:00 PM | ANCHOR SPACE
Join Anchor for a Mahjong
for Memory play date! All
proceeds go to support
Anchor Community
Respite Ministry. \$75 per
person. Spots are limited.

**11 WANDERING
WEDNESDAY**
6:00 - 7:15 | MOE'S
4th and 5th graders will enjoy
a night of fellowship at Moe's.

**13 ASBURY'S MUSIC
MINISTRY PRESENTS
14 DINNER THEATER**
6:00 - 8:00 PM
WILLIAMS CHAPEL
Asbury's Dinner Theater is
a two-night event each
spring benefitting RESET
students' Youth Service
Fund, featuring the
talented musicians and
vocalists of Asbury's
Music Ministry. Purchase
tickets/tables Feb. 1.

15 SURPRISE SUNDAY
9:45 - 10:45 AM
A special Sunday school
hour for Asbury KiDS
where everything is
different! Bring a friend.

**HOSPITALITY TEAM
LUNCH**
12:15 - 2:00 PM | RM 144
Hospitality at Asbury is
everyone's responsibility.
Join the team for lunch, a
review of our hospitality
principles, and fellowship.
All are encouraged to
attend.

22 SPRING BREAK
MAR. 22 - 28 | AUMC
28 No C.A.S.A, RESET
Sunday Night,
Wednesday night
activities, or Life Groups.

Lent & Easter

**FEB. 18
ASH WEDNESDAY**
NOON & 7:00 PM
SANCTUARY
Join us for Ash Wednesday
service to welcome in the
Lenten Season. The 7:00
Traditional service will be
livestreamed. There will be
no Wednesday night
dinner.

**FEB. 19
DAILY BREAD
DEVOTIONALS:
LENTEN EDITION**
DAILY PODCAST
Beginning February 19,
our Daily Bread
devotionals will offer
reflections to guide your
Lenten journey. Take a
few quiet moments each
day to pause, listen, and
draw closer to Christ as
you deepen your Lenten
experience.

**FEB. 25 - APR. 1
HUNGRY HEARTS:
A LENTEN
JOURNEY TO
WHOLENESS**
6:15 - 7:30 | RM 144
During the season of Lent,
we're invited to remember that
hunger is more than the ache in
our stomach—it's the yearning
of our souls. Join Rev. Michael
Bowman as he explores the
ways God meets us in our
deepest longings.

**MAR. 29
PALM SUNDAY**
8:30 & 11:00 AM
SANCTUARY & WILLIAMS CHAPEL
Holy Week begins in triumph
as Jesus rides into Jerusalem.
We'll celebrate with loud
hosannas while our children
wave palm branches during
Traditional Worship at 8:30
and 11:00 AM and Modern
Worship at 11:00 AM.

**APR. 2
MAUNDY THURSDAY**
NOON & 7:00 PM
WILLIAMS CHAPEL
On the night of the Last Supper,
Jesus offered his life to his
disciples. And then he washed
their feet – leaving no doubt
about his love for them. Christ's
Love is offered to you through
Modern Worship and holy
communion at noon & 7:00 PM
in Williams Chapel. The 7:00
PM service will be livestreamed.

**APR. 3
GOOD FRIDAY**
7:00 PM | SANCTUARY
Pause to consider the
suffering, death, and burial
of our Lord before
celebrating his triumphant
resurrection. A moving,
Tenebre Service (service of
darkness) awaits at 7:00 PM
in the sanctuary. This service
will be livestreamed.

**APR. 5
EASTER SUNDAY**
6:30, 8:30, 11:00 AM
VARIOUS LOCATIONS
We have much to celebrate: Christ's
everlasting, redeeming love is given
to us all – unconditionally. Worship
with us! **There will be no Sunday
School on Easter Sunday.**

Sunrise Service (Prayer Mountain): 6:30 AM
Traditional Worship* (Sanctuary): 8:30 AM
Traditional Worship* (Sanctuary): 11:00 AM
Modern Worship* (Williams Chapel): 11:00 AM
*These services will be livestreamed.

EASTER EGG HUNT
9:45 - 10:45 AM | GYM/OUTSIDE
Asbury KiDS invites kiddos and
their families to hunt eggs, enjoy
refreshments, and do Easter-
themed crafts (toddlers-5th
grade). Parents should remain
with their children during this
time.



adults

BIBLE STUDIES & GROUPS

THE SEARCHERS

10:00 AM - NOON | RM 136
This men's Bible study meets each Thursday. Learn and know God more intimately through the study of His Holy Word. Facilitator: Larry Beaury.

BY FAITH

6:00 - 7:00 PM | RM 126
This women's Bible study meets the first and third Monday of each month for fellowship and study. Facilitator: Elan Feagin.

UMW NAOMI CIRCLE

9:30 - 11:30 AM | RM 128
United Methodist Women circle meets the first Tuesday of each month. Circle Leader: Lori Cheney.

UMW MARTHA CIRCLE

5:30 PM | RM 133
United Methodist Women circle meets the second Tuesday of each month. Circle Leader: June Griffin.

UMW ESTHER CIRCLE

9:30 - 11:00 AM | RM 120
United Methodist Women circle meets the third Monday of each month. Circle Leader: Joan Chandler.

UMW CRAFT DAY

9:30 - 11:30 AM | RM 120
All three UMW circles meet the second Monday of each month for hands-on mission work.

LADIES OF LIGHT

1:00 - 2:30 PM | RM 128 & 130
This women's Bible study meets every Wednesday. Study God's word and mirror His character to keep our lights burning for others. Facilitator: Kim Nolen.

LOVING HANDS KNITTING

10:00 AM - 12:00 PM | RM 120
This congregational care ministry meets every Friday to knit, crochet, and fellowship.

FACING FAITH

10:00 AM - 12:00 PM
This women's Bible study meets every Wednesday. Overcome obstacles and focus on being your best self with God's help. Facilitator: Kim Lessley.

ROOTED

7:00 - 8:00 AM | RM 136
This men's Bible study meets every Friday. Fellowship and study with scriptural roots help us stay grounded. Facilitator: KC Nolen.

MEAT & GREET

6:00 - 8:00 PM | SCOUT HUT
This casual, relaxed men's fellowship meets every Thursday. Bring meat to grill. Facilitator: Dave Driscoll.

PICKUP BASKETBALL

6:30 - 8:00 PM | GYM
Guys (19+) are invited to play basketball on Monday nights in the gym. **Resumes Mar. 9.**

PICKLEBALL

2:30 - 4:30 PM | GYM
For all ages. Play is every Monday, Tuesday, Thursday. Contact Nancy Hollaway at nhollaway54@gmail.com.

CHAIR YOGA

9:00 - 10:15 AM | SANCTUARY
Increase balance, flexibility, & agility with this therapeutic class that meets each Monday. Bring your own mat. Cost: \$5.00 per class.

COMMUNITY GROUPS

VARIOUS TIMES & LOCATIONS
Community Groups are trusted spaces where people can bring their questions about God, the Bible, and their own lives. Some groups meet at Asbury, while others gather off-campus throughout the greater Birmingham area. New groups begin in the new year, with sign-ups opening in January and group launches in February.

Heart Connection

UPCOMING EVENTS!

JAN. 8

9:45 AM | DOUBLE OAK MOUNTAIN CHURCH

National storyteller Dolores Hydock will draw us into the bayous of Louisiana as she shares stories and anecdotes collected from more than 50 Cajun and Creole musicians. Cost: \$5 & bring money for lunch.

FEB. 13

11:00 AM | PERRY'S STEAKHOUSE

Did someone say pork chops and applesauce?!? Join Heart Connection for a special pork chop lunch at Perry's Steakhouse. The cost of this event includes the Perry's Pork Chop Special, tax, gratuity, and restaurant service fee. The set menu is as follows: Perry's Friday Pork chop, applesauce, potatoes, bread, drink (non-alcoholic). Cost \$30.

MAR. 6

9:30 AM | PROTECTIVE LIFE STADIUM

Discover the heart of Birmingham's sports scene with an insider's tour of Protective Life Stadium! You will get to see the locker rooms, team tunnel, and walk on the field. Learn about the stadium's innovative design and its role in revitalizing Birmingham's Uptown entertainment district. Cost: \$5.

Heart Connection is Asbury's senior ministry, serving singles and couples, 60 and better. Everyone is invited to participate in activities and programs and to join our community of people seeking Christ and growing together in faith, service, and friendship.

OPEN YOUR CAMERA APP & SCAN HERE TO RSVP FOR THESE EVENTS OR TO READ ABOUT OTHER HC EVENTS AND OPPORTUNITIES!





asbury KiDS

We want to partner with you on your child's faith journey. Our goal is to ensure infants through fifth graders know Jesus loves them and wants them to love others in return – we must embody the way of Jesus, together. We invite you and your children to worship, serve, and grow with us!

ASBURY KiDS WEDNESDAY NIGHTS

WEDNESDAYS 6:00 - 7:30 PM

All children are invited to know and experience God's love through choir, engaging Bible lessons, and small groups.

Joyful Noise: Asbury KiDS join their voices in praise with the Joyful Noise Children's Choir on Wednesday nights! Children will sing several times throughout the year in worship.

- 4th & 5th grade singers practice 6:00 - 6:30 PM
- K - 3rd grade singers practice 6:30 - 7:00 PM

Want your kiddo to participate?

Email Asbury KiDS Associate Director Melanie Stewart at melanie.stewart@asburybham.org.

WANDERING WEDNESDAYS

MONTHLY | 4TH-5TH GRADERS

Fourth & fifth graders are invited to Wandering Wednesdays! These off campus excursions give our preteens opportunities to connect and grow together in their faith. Pre-registration is required. See calendar for fall dates.

CHILDREN'S SUNDAY

FEB. 1 | 11:00 AM - 12:00 PM | SANCTUARY

Asbury KiDS will be taking over Traditional Worship on Feb. 1! Kids will fill all roles during worship: greeting, singing, ushering, preaching, and serving communion. If your child would like to serve, email Asbury KiDS Director Amanda Fuller at amanda.fuller@asburybham.org or fill out the form by scanning the QR code below!



SURPRISE SUNDAYS

MONTHLY | 9:45 - 10:45 AM

Surprise Sundays are back! One Sunday a month, Sunday School will be totally different. Your kiddo won't want to miss some exciting activities. Bring a friend!

UPWARD BASKETBALL

SATURDAYS | ENDS FEB. 14

Upward Basketball is designed for K5-sixth graders, and players learn the importance of teamwork and good sportsmanship. Games take place on Saturday mornings in Asbury's gym.

SPRING SOCCER REGISTRATION

FEB. 12 | K5 - 5TH GRADERS

Asbury's faith-based soccer program is open to K5-5th grade kids. Games are held on Saturday mornings or Sunday afternoons. Practices are held once a week. Early registration cost: \$115 (price increases Mar. 5). First game is Sunday, April 19.

REGISTRATION OPENS FOR KIDS SUMMER CAMPS & PROGRAMS

MARCH 3 | ONLINE

Don't miss out on the fun that happens at Asbury all summer long through Asbury KiDS and Recreation Ministries. There are day camps, all-day fun experiences, serve days, and, of course, an incredible Vacation Bible School!

SCAN TO LEARN MORE ABOUT ASBURY KIDS!





RESET student ministry

Asbury RESET exists to close the gap between life and faith by showing students how to **Know God**, **Grow** in faith, and **Go** share the Gospel.

SCAN TO LEARN MORE
ABOUT ASBURY RESET
STUDENT MINISTRY!



945

9:45 - 10:45 AM | SUNDAY MORNINGS | STUDENT SPACE

945 Sunday School begins at 9:45 AM in the Student Space (Downstairs, Room 113). Students break into middle and high school classes for a lesson and discussion after a main group game. Middle schoolers are in Room 113 and engage in discussion-driven lessons that combine meaningful faith conversations with interactive, hands-on activities. High schoolers are in Room 102 and are working through a two-year Bible Study that takes them from Genesis to Revelation.

CONFIRMATION

9:45 - 10:45 AM | SUNDAY MORNINGS | RMS 104 - 106

Confirmation is a year-long faith journey. Each week, confirmands meet weekly during the 9:45 AM Sunday School hour in the RESET Student Space. Twice a year – each fall and spring – the students attend weekend trips to help them examine and develop their own faith. In May, students have the opportunity to become full members of The United Methodist Church and Asbury.

SUNDAY NIGHTS

SUNDAY NIGHTS | STUDENT SPACE

Each week, students eat, play games, and grow together in faith. Whether that's a student-led worship night like UNITED, a game night, a service night, or even a surprise night, this is a great way for all teenagers to grow in community and faith, together. Any off-campus excursions will be communicated prior to the event!

LIFE GROUPS

VARIOUS TIMES | VARIOUS LOCATIONS

Our students may be more digitally connected than ever, yet they can still feel lonely. Life Groups remind them of who they are, whose they are, and that they are not alone. God made us for real, life-giving relationships — and that's why RESET has Life Groups! Scan the QR code at the top of this page to find more information on how and where students can plug into Life Groups.

RESET SPRING FLOWER SALE

BEGINS FEB. 15

Twice a year (each fall and spring) students sell flowers to earn money for their Youth Service Fund (pays for trips/events).

DISCOVERY WEEKEND

MAR. 6 - 8

Discovery Weekend is a powerful retreat at Asbury where high school students lead middle school students as they grow together in faith, community, and understanding. Guided by the theme from 1 Corinthians 13:11-12, students will reflect on what it means to move from childlike faith toward deeper maturity in Christ, even as we continue to "see a reflection in a mirror" and trust God's greater clarity. The weekend will be filled with exciting games, disco-themed parties, a service opportunity with Rise Against Hunger, and more.

Discovery A-Team & High School Leader Training will take place on Sunday, Feb. 22 from 12:15 - 1:30 PM. Lunch provided. Even if this isn't your first rodeo, it's important to review all the exciting Discovery plans and refresh our memories on how we can lead our amazing students in the very best ways possible.

ANCHOR COMMUNITY RESPITE MINISTRY

Anchor Community Respite Ministry provides fellowship and stimulation to people who are living with memory loss due to dementia or stroke. Anchor operates every Tuesday, Wednesday, and Thursday from 10:00 AM to 2:00 PM at Asbury UMC.

Volunteer opportunities: You don't need any special skills to volunteer at Anchor, just a willingness to love and be a friend! A volunteer training will be held Monday, Jan. 26 from 10:00 AM to 1:00 PM. Open to all new volunteers and current volunteers. Lunch provided; please RSVP via the QR code to the right.

MAHJONG FOR MEMORY

MAR. 10 | 5:00 PM

Join Anchor for a Mahjong for Memory play date! All proceeds go to support Anchor Community Respite Ministry. \$75 per person. Spots are limited.

SCAN TO LEARN MORE
ABOUT ANCHOR!



SUPPORT GROUP OPPORTUNITIES

BEAR ONE ANOTHER'S BURDENS, AND SO FULFILL THE LAW OF CHRIST. - GALATIANS 6:2

SCAN TO LEARN MORE
ABOUT SUPPORT GROUPS
AT ASBURY



UNITED COUNSELING

United Counseling provides faith-based professional counseling for adults, couples, and families.

In-person sessions available at Asbury by appointment only.

Counselor: Steve Sweatt, LPC-S/LMFT



"HEALING HEARTS" SPOUSAL LOSS GRIEF SUPPORT

A 10-week support group for those who have recently lost a spouse. Meets each spring and fall.

Tuesdays, 12:30 - 2:00 PM
Spring session begins February 10. Register.

Facilitator: Sunny Gilliam/
Community Grief Support



FAMILY SUPPORT GROUP (ADDICTION)

Is a loved one struggling with Substance Use Disorder? Free trained support and education is available.

Mondays, 6:30 - 8:00 PM
Room 132

Facilitator: Tyler Harris
Unbound Grace



CAREGIVER SUPPORT

This ongoing group offers comfort and support for those caring for someone with memory loss due to dementia, Alzheimer's, or stroke.

1st & 3rd Thursdays, 1:00 - 2:00 PM
Room 133

Facilitator: Rev. Maggie Dunaway



ALCOHOLICS ANONYMOUS

Alcoholics Anonymous is a global peer-led mutual aid fellowship dedicated to abstinence-based recovery from alcoholism through its spiritually-inclined twelve-step program.

Sundays, Tuesdays, Thursdays
6:30 - 7:30 PM
Room 120



MUSIC MINISTRY



SCAN TO LEARN MORE
ABOUT ASBURY'S MUSIC-
MAKING OPPORTUNITIES!

CHANCEL CHOIR REHEARSAL

7:00 - 8:30 PM | RM 143

Experience the joy of singing and help the choir prepare for weekly performances in 11:00 AM Traditional Worship. Meets every Wednesday. Contact: Nancy Beard (nancy.beard@asburybham.org).

HANDBELL CHOIR REHEARSAL

6:00 - 7:00 PM | RM 141

Do you read music? Try your hand at ringing handbells. Meets every Wednesday. Contact: Nancy Beard (nancy.beard@asburybham.org).

ASBURY MUSIC CONSERVATORY

VARIED TIMES | MUSIC SUITE

Asbury offers voice and piano lessons for students of all ages.

Contact: Nancy Beard

(nancy.beard@asburybham.org).

ORCHESTRA REHEARSAL

10:10 AM | SANCTUARY

The Asbury Orchestra rehearses each Sunday morning at 10:10 AM and plays in Traditional Worship.

Contact: Justin Ward (justin.p.ward@gmail.com).

MODERN WORSHIP REHEARSAL

8:30 AM | WILLIAMS CHAPEL

Asbury's Modern Worship is led by a worship team featuring guitar, vocals, keys and drums. Rehearsals are held Sundays at 8:30 AM before 11:00 AM worship.

Contact: Jeremiah Toole (jeremiah.toole@asburybham.org).

ASBURY MUSIC MINISTRY PRESENTS DINNER THEATER, MARCH 13 & 14

6:00 - 8:00 PM | WILLIAMS CHAPEL

Asbury's Dinner Theater is a two-night event each spring benefitting RESET students' Youth Service Fund, featuring the talented musicians and vocalists of Asbury's Music Ministry. Purchase tickets/tables Feb. 1.



FOOD PANTRY

Asbury's Food Pantry is open every Wednesday from 2 to 3:30 PM and the first Saturday of each month from 12:30 to 2:00 PM to anyone facing food insecurity.

Asbury's Food Pantry is solely operated through generous monetary donations and funds allocated by the Missions in Action program. Food donations are provided by Asbury members and different community groups that have food drives. If you would like to make a donation, food pantry items (non-perishables) can be dropped off outside the pantry doors from 9:00 AM to 3:00 PM, Monday through Saturday, or brought on Sunday mornings.

Interested in volunteering in the pantry? Just come on!

SCAN TO LEARN MORE
ABOUT ASBURY'S
FOOD PANTRY!



MISSIONS OF THE MONTH



JANUARY

INTERNATIONAL MISSIONS

INTERNATIONAL MISSIONS CELEBRATION
JAN. 11 | 4:00 - 5:30 PM | WILLIAMS CHAPEL

Join us for our International Missions Celebration as part of our January Mission of the Month! Together we'll worship, hear from our international mission partners, and celebrate all the good works happening because of these awesome missionaries and organizations. Also: children's author and missionary Sarah Nunnally (who has Asbury roots!) will share her new book and speak about her mission work around the world!

FEBRUARY

GIGGLES & GRACE

FEB. 26-28

Giggles and Grace, Asbury's biannual children's consignment sale, takes place February 26-28. Volunteer, shop, and help Asbury welcome our community while supporting the mission and ministry of Giggles and Grace. The sale raises funds for Asbury's KiDS and RESET Student Ministries, supports dozens of families in need through shopping vouchers, and donates hundreds of items to local charities.

MARCH

RISE AGAINST HUNGER

MAR. 7 | 2:00 - 4:00 PM

Help us pack 25,056 shelf-stable meals for people facing food insecurity with Rise Against Hunger. Put on your hair net and hat, and come be part of a fun, meaningful afternoon as we fight world hunger together with meals packed with love.

To sign up for a specific mission event or for more information on Asbury Missions, contact Brooke Wolde at brooke.wolde@asburybham.org or scan the QR code.



we are asbury
together