

PRAYER *Guide*

This card offers a guide for daily prayer. Use it for times of prayer in the morning, in the middle of the day, and in the evening, providing the opportunity to “pray without ceasing” throughout your day.

Spend time with Jesus, so that we might embody the way of Jesus together.

MORNING *Prayer*

GRATITUDE

Thank you O, God, for your love for us never ends and your mercies are new every morning.
Amen.

AWARENESS OF GOD

Be mindful of how very present God is with you.

SCRIPTURE



Use your own Scripture reading plan or you can follow along with us via our Daily Bread podcast (scan QR code to access).

THE LORD'S PRAYER

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those
who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever. Amen.

MIDDAY *Prayer*

O God, make speed to save us.

O Lord, make haste to help us.

PRAYING THE PSALMS

Pray the psalter beginning with Psalm 1 and through Psalm 150.

Repeat.

SILENT PRAYER

Spend a moment with God in silence and listen for God's voice.

Feel free to do this sitting, kneeling, or even going for a short walk.

EVENING *Prayer*

GLORY SIGHTINGS

Where have you seen God at work today?

HOPE ENCOUNTERS

Where do you hope to see God?

JOURNALING

Spend some time journaling your Glory Sightings and Hope Encounters.

PRAYING THE PSALMS

Continue to pray the psalter beginning with Psalm 1 and through Psalm 150.

Repeat.

WRITTEN PRAYER

Guide us waking, O Lord, and guard us sleeping; that awake we may watch with Christ, and asleep we may rest in peace.