

Luke 23:32-34

Two others also, who were criminals, were led away to be put to death with him. When they came to the place that is called The Skull, they crucified Jesus there with the criminals, one on his right and one on his left. Then Jesus said, 'Father, forgive them; for they do not know what they are doing.' And they cast lots to divide his clothing.

Jectio Divina

Prepare

Select a scripture and find a comfortable place to sit. Quiet your mind, taking a few deep breaths. Ask God to speak to you through the reading.

Read

Read the passage slowly. Listen for a word, phrase, or image that stands out to you. Repeat the word in your mind.

Reflect

Re-read the passage. Linger over the word, phrase, or image that captured your attention. Notice any feelings evoked within you. Ask God how this new awareness speaks to your life.

Pray

As you re-read the passage for the third time, consider how God might be inviting you to respond. Talk with God about what is on your heart.

Contemplate

Rest in the awareness of God's presence. Remain open to anything else that may be stirring within you. Thank God for your new awareness and know that you are loved.