



NOONDAY PRAYER

ADAPTED FROM THE
BOOK OF COMMON PRAYER

Psalm 119

Gloria Patri (spoken)

***Glory to the Father, and to the the Son, and to the Holy Ghost:
as it was in the beginning, is now, and will be for ever. Amen.***

Romans 5:5

Thanks be to God.

Meditation

- from *Deep Is The Hunger* by Howard Thurman
- Pause for Silence

Prayer

- Intercession
- The Lord's Prayer

***Our Father, who art in heaven, hallowed be
thy name. Thy kingdom come, thy will be
done on earth as it is in heaven. Give us this
day our daily bread.***

***And forgive us our trespasses, as we forgive
those who trespass against us.***

***And lead us not into temptation, but deliver
us from evil. For thine is the kingdom, and
the power, and the glory forever. Amen.***

*In the great silence of this moment
I abandon all that I think I am, all that I hope to be,
all that I believe I possess. I let go of the past,
I withdraw my grasping hand from the future,
and in the great silence of this moment,
I alertly rest my soul.*

-Howard Thurman

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