



# HOLY HABITS STUDENTS



Building habits is key to living a life that follows the way of Jesus. Challenge yourself to tackle at least one activity from each of the three categories below every week. Keep track of your progress on the Habit Tracker, it's like your roadmap to becoming the best version of yourself.



## WORSHIP

- Attend a Worship Service
  - In-person or Online
  - Discovery Weekend: February 23-25
- Make an Offering
  - Donate to Daudi, our Sozo Child\*
  - Do chores to earn money for offering
- Practice Prayer Regularly
  - Thank God before you eat
  - Incorporate intentional time with God into your day
  - Lectio365 app\*



## SERVE

- Serve Asbury
  - Complete Volunteer Accelerator\*
  - Join the Security Auxiliary
  - Be a liturgist in worship
  - Join the Asbury Tech team
  - Apply and interview to be on the SLT
- Serve Others
  - Asbury Serves Mission
  - Volunteer at Giggles&Grace
  - Participate in the Mission of the Month with your family and friends
- Serve Family & Friends
  - Make blessing bags\*
  - Check on your neighbor
  - Sit with a student who is alone at lunch
  - Help your parents cook a meal or treat for a neighbor or friend in need



## GROW

- Join/Attend 945\*
- Read Scripture Regularly
  - Memory Verse of the week (in Reset newsletter)
  - Try a YouVersion Bible App Reading Guide\*
- Engage in Spiritual Conversation
  - Asbury Bham Podcast\*
  - Invite a Christian mentor to coffee
  - Invite a friend to church
  - Ask your parents/trusted adult a question about your faith
  - Join a Life Group\*

# Habit Tracker



WORSHIP

SERVE

GROW

WEEK 1

WEEK 2

WEEK 3

WEEK 4

WEEK 5

WEEK 6

LET'S WORSHIP, SERVE, & GROW TOGETHER!

\*To learn more about these opportunities, visit [www.asburybham.org/habits](http://www.asburybham.org/habits).