

# HOW TO MAKE *blessing bags*

Blessing bags are care packages that contain a variety of essentials for individuals who are homeless, hungry, or in need. Place a few of the suggested items below into a gallon zip lock bag. Keep several kits in your car and distribute them to anyone in need.

## GENERAL

- Gloves (in winter)
- Hand sanitizer
- Quarters
- Socks
- Small first aid kit
- Note of encouragement

## TOILETRIES

- Deodorant
- Toothbrush/Toothpaste/Floss
- Wet wipes
- Comb
- Sunscreen/Lotion
- Lip balm
- Soap/Shampoo

## NON-PERISHABLES

- Bottled water
- Granola bars
- Peanut butter crackers
- Tuna/cracker packs
- Beef jerky sticks
- Instant coffee/tea

You can customize these bags however you feel led. Changing items seasonally is helpful. This is a great way for all ages to serve God's people.