



PEACE PRAYER

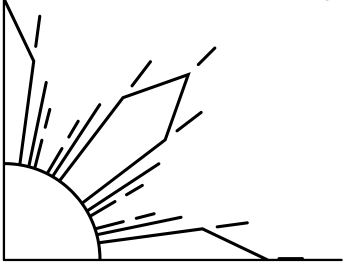
ST. FRANCIS OF ASSISI

Lord, make me an instrument of your peace:
where there is hatred, let me sow love;
where there is injury, pardon;
where there is doubt, faith;
where there is despair, hope;
where there is darkness, light;
where there is sadness, joy.

O divine Master, grant that I may not so much
seek to be consoled as to console,
to be understood as to understand,
to be loved as to love.

For it is in giving that we receive,
it is in pardoning that we are pardoned,
and it is in dying that we are born to eternal life.

Amen.



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Franciscan Prayer



- Choose Your Daily Activity
- Enter with Gratitude
- Be Mindful of Your Heart
- Recognize God's Goodness in Others
- Appreciate God's Activity in the World
- Radiate Joy and Gratitude back to God
- Reflect on the Prayer Experience
- Journal Your Experience
- Close with a Final Short Prayer



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